



**TERRA NOVA
SCHOOL**

SPORTS SCHOLARSHIP

Sports Scholarships can be awarded for any individual sport or for contribution across a range of sporting disciplines

ASSESSMENT: SPORTS

Decisions regarding a student's suitability for a Sports Scholarship will be made across two main areas:

1. Game competence, skill acquisition and application
2. Physical fitness

In addition to demonstrating significant age-appropriate skill and levels of fitness Sports Scholars will be expected to:

- Demonstrates commitment towards training and high levels of motivation to improve their physical conditioning
- Acts as a role model for sport at Terra Nova, championing ideals of inclusivity, teamwork, fairness and resilience
- Contribute widely to Terra Nova's sporting programme showing a high level of commitment to the school's teams



Assessing Sports Performance

In order to assess a student's suitability for a scholarship the 4 corner model will be applied in all discussions and decision-making:

PHYSICAL

- High age-appropriate scores on standardised fitness tests
- Excellent cardiovascular fitness combined with high work rate
- Excellent SAQ
- Balanced, co-ordinated performer
- Good core strength

SOCIAL

- Positive and confident
- Co-operative
- Self-motivated and dedicated
- Resilient
- Demonstrates effective leadership
- Dignified in defeat/ humble in victory

TECHNICAL/ TACTICAL

- Performs closed skills with high degree of control and precision
- Comfortable in possession
- Confident in 1 v 1 situations
- Uses both hands/ feet/ reverse (sport dependant)
- Performance at pace

PSYCHOLOGICAL

- Effective decisions under pressure
- Positional and spatial awareness
- Aware of their role and core function within a system of play
- Versatile: attacks and defends effectively
- Creative; can problem-solve to outwit opponents

Ongoing Assessment

To reduce the stress and unpredictability of results associated with a one day assessment all Sports Scholarship decisions will be made after a process of ongoing assessment. This allows the Sports Department to take into consideration a student's contribution to the sports programme as a whole across multiple seasons and sports, whilst also avoiding out of season sporting assessments.

The Assessment Day

In addition to the ongoing assessment of candidates an assessment day will also be organised. The assessment day has two main functions:

1. Where appropriate to allow us to see and assess students who we have not yet seen in a given sport. i.e new students and/or external applicants
2. To collect and assess information on the applicants current levels of fitness across a range of standardised physical performance tests



SPORTS: SCHOLARSHIP PROGRAMME

School Based Teams:

- Sports Scholars will be expected to represent and be integral performers in all of the major sports at the school. Sports Scholars should be actively practicing their leadership skills in games sessions and looking to obtain formal leadership roles

Opportunities within school (school based programmes):

- Sports Scholars will have the opportunity to analyse their own fitness data and build a personalised exercise programme to help improve their physical conditioning
- Sports Scholars will learn about nutrition specific to maintaining a healthy diet that supports sports performance
- Sports Scholars will have the opportunity to attend sessions with guest speakers / coaches

Opportunities out of school:

- Sports Scholars will be offered the opportunity to visit our future schools for key tournaments / events
- Sports Scholars will get the opportunity to attend a professional sports fixture at a prestigious local club
- Where appropriate sports scholars will be pushed forward for trials for representative teams e.g. ISFA.



Future Schools

- Sports Scholars will be encouraged to try for sporting scholarships to their chosen future school
- Sports Scholars will be prepared in advance to meet the criteria and perform to the best of their ability for their future school

Sports Scholars: Previous Senior School Scholarships

In recent years, TN Sports Scholars have gained Scholarships at the following Senior Schools:

- Sedbergh School
- Millfield School
- Repton School
- Denstone College
- Rugby School
- Shrewsbury School



Please email admissions@tnschool.co.uk to register your interest in your child applying for a Sports Scholarship at Terra Nova School.